

A close-up, low-angle shot of a person's leg and foot as they run on a paved surface. The person is wearing a light blue t-shirt, black shorts, white socks, and a grey and black running shoe. The background is a blurred asphalt path, suggesting motion. The text "Exercising Self-Control" is overlaid in large white letters, and "1 Corinthians 9: 24-27" is overlaid in smaller blue letters below it.

Exercising Self-Control

1 Corinthians 9: 24-27



A circular wreath made of golden oak leaves, arranged in a ring around the text. The leaves are detailed with veins and have a metallic sheen.

**The Victory is Worth the
Sacrifice**

IMPERISHABLE

not subject to decay

enduring or occurring forever

A high-contrast, black and white photograph of a person wearing a hooded sweatshirt. The person's face is completely obscured by deep shadow, leaving only the texture of the hood and the outline of their head visible. The person is positioned on the left side of the frame, looking towards the right.

Attacks On Our Self-Control

A black and white photograph of a person wearing a hoodie, with their face obscured by deep shadows. The person is positioned on the left side of the frame, looking towards the right.

Attacks On Our Self-Control

Idolatry

A black and white photograph of a person wearing a hooded sweatshirt. The person's face is completely obscured by deep shadow, leaving only the texture of the hoodie and the shape of the hood visible. The person is positioned on the left side of the frame, looking towards the right.

Attacks On Our Self-Control

Idolatry

Desires

A black and white photograph of a person wearing a hooded sweatshirt, with the hood pulled up over their head. The person's face is obscured by deep shadows, leaving only the texture of the fabric and the shape of the hood visible. The background is solid black.

Attacks On Our Self-Control

Idolatry

Desires

Impatience



A close-up, low-angle shot of a person's leg and foot as they run on a paved surface. The person is wearing a light blue t-shirt, black shorts, white socks, and a grey and black running shoe. The background is a blurred asphalt path, suggesting motion. The text "Exercising Self-Control" is overlaid in large white letters, and "1 Corinthians 9: 24-27" is overlaid in smaller blue letters below it.

Exercising Self-Control

1 Corinthians 9: 24-27