## Dealing

With

## Guilt

## **Dealing With Guilt**

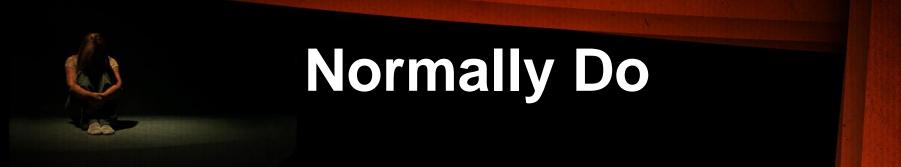
#### Romans 3:23

## for all have sinned and fall short of the glory of God,

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#### **Psalm 32:1**

Blessed is he whose transgression is forgiven, Whose sin is covered.



#### • BURY



#### • MINIMIZE



# MINIMIZE RATIONALIZE



### • MINIMIZE

- RATIONALIZE
- <u>COMPROMISE</u>

## **Bury It**

#### Proverbs 28:13

He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.



## Normally Do

BURYBLAME



## Normally Do

- BURY
- BLAME
- BERATE



# NORMALLY DO NEED TO DO



#### ADMIT YOUR SINS

**Psalm 32:5** *I* acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," And You forgave the iniquity of my sin.



- ADMIT YOUR SINS
- <u>ACCEPT GOD'S FORGIVENESS</u>

#### Romans 8:1

*There is* therefore now <u>no</u> <u>condemnation</u> to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

#### 1 Corinthians 6:11

And such were some of you. But you were <u>washed</u>, but you were <u>sanctified</u>, but you were <u>justified</u> in the name of the Lord Jesus and by the Spirit of our God.

• INSTANTLY

## INSTANTLY

#### Romans 8:1

There is therefore now <u>no</u> <u>condemnation</u> to those who are <u>in</u> <u>Christ Jesus</u>, who do not walk according to the flesh, but according to the Spirit.

## INSTANTLY

2 Corinthians 5:17 Therefore, if anyone is <u>in Christ</u>, he is a <u>new creation</u>; old things have passed away; behold, all things have become new.

## INSTANTLY

#### Galatians 3:27

#### For as many of you as were **baptized into Christ** have put on Christ.

- INSTANTLY
- <u>COMPLETELY</u>

### Psalm 103:12 As far as the <u>east is from the west</u>, So far has He removed our transgressions from us.



### Isaiah 38:17 ....For You have cast all my sins behind Your back.

#### Isaiah 1:18

"Come now, and let us reason together," Says the LORD, "Though your <u>sins are like scarlet</u>, They shall be as white as snow; Though they are red like crimson, They shall be as wool.



### Jeremiah 31:34 ...For I will forgive their iniquity, and

their sin I will **remember no more**."



#### Micah 7:19

## ....You will cast all our sins Into the depths of the sea.



- ADMIT YOUR SINS
- ACCEPT GOD'S FORGIVENESS
- <u>ABSOLVE</u> Forgive Yourself

## **Forgive Yourself**

#### Isaiah 43:18-19

"Do not remember the former things, Nor consider the things of old. <sup>19</sup> Behold, I will do a new thing, Now it shall spring forth; Shall you not know it? I will even <u>make a road in the</u> wilderness And rivers in the desert.

## **Forgive Yourself**

#### Isaiah 61:3

To console those who mourn in Zion, To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness; That they may be called trees of righteousness, The planting of the LORD, that He may be glorified."



#### Joel 2:25

So I will <u>restore to you the years that</u> <u>the swarming locust has eaten</u>, The <u>crawling</u> locust, The <u>consuming</u> locust, And the <u>chewing</u> locust, My great army which I sent among you.



- ADMIT YOUR SINS
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#### John 19:30

So when Jesus had received the sour wine, He said, <u>"It is finished!"</u> And bowing His head, He gave up His spirit.



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- ABSOLVE Forgive Yourself

